



PSHE Intent

#LearningForLifeAnchoredInChrist

Intent

As a Church school, the teachings of the bible guide and influence every aspect of school life, including the curriculum for History, which has been enhanced/constructed around our school vision, which is encapsulated by #LearningForLifeAnchoredInChrist. We believe that through working together with our unique school community, we can inspire happy, courageous, independent, curious, creative, life-long learners who are proud of their community, heritage and identity. In addition to this, as part of the Birmingham Diocesan Multi-Academy Trust (BDMAT), we also strive to provide an experience that reflects their vision, “life in all its fullness” (John 10:10).

Personal, social and health education is an important and necessary part of all pupils’ education. At St.Clement’s, we deliver a broad and varied range of lessons that underpin the needs of the children with particular regard to the school’s local area. As a school, we know that all children are unique and strive to empower all pupils to become ambitious lifelong learners. We have a strong focus on developing each child as a whole, delivering PSHE in a way that equips pupils with a sound understanding of risk and giving them the knowledge and skills to make safe, informed decisions.

Through our PSHE curriculum, we aim to develop pupil’s knowledge of their community, resilience, tolerance, values, empathy and self-esteem. Using Jigsaw to support the delivery of our curriculum helps the children in knowing themselves and relating to others in this ever-changing world. Wellbeing and Mental Health is supported, not only through Jigsaw, but in Personal Development Lessons and the whole school vision and ethos. Personal Development encourages growth mindset, mindfulness, lifelong health and accessing support. ‘Keeping Safe’ and being aware of dangers, including online, is embedded throughout the curriculum, and is also covered through focused weeks, awareness days and working with other agencies.

Our PSHE curriculum supports the dignity of pupils and encourages the development of courage, humility, compassion and hope. Children are given the opportunity to actively implement these skills through peer support, fundraising, community work and being a supportive member of the school and wider community. This structured, progressive and effective curriculum gives children a well-rounded, balanced view of the world as well as the knowledge, skills and understanding to lead confident, healthy and independent lives as successful global citizens.

We want our children to leave St Clement’s knowing that it is possible for them to achieve their aspirations having developed attitudes of curiosity, originality, co-operation, perseverance, open mindedness, self-criticism, responsibility and independence in thinking.

Implementation

To deliver PHSE lessons, we use Jigsaw, the mindful approach to PSHE, that brings together Personal, Social, Health Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. The rationale and philosophy underpinning Jigsaw resources is based on mindfulness philosophy and practice, sound psychology and is evidence-based

Children receive weekly lessons and staff are supported to deliver high quality teaching with the teaching resources included, which helps teachers to focus on tailoring the lessons to their children's needs and to enjoy building the relationship with their class, getting to know them better as unique human beings.

Teaching strategies are varied and are mindful of preferred learning styles and the need for differentiation. Jigsaw is designed as a whole school approach, with all year groups working on the same theme (Puzzle) at the same time. This enables each Puzzle to start with an introductory assembly, generating a whole school focus for adults and children alike. We also run with the Jigsaw Families Programme.

Using the Jigsaw Chime and the Calm Me exercises is an easy introduction to techniques which help children relax their bodies and calm their minds, reaching an optimum state for learning. The aim is to bring children's awareness/attention to the present moment and in so doing let go of other thoughts that might be scurrying around the mind which distract from focusing on the learning of the lesson.

Establishing a safe, open and positive learning environment based on trusting relationships between all members of the class, adults and children alike, is vital. To enable this, it is important that 'ground rules' are agreed and owned at the beginning of the year and are reinforced in every Piece - by using The Jigsaw Charter.

At St .Clement's, in addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this we teach about different kinds of relationships, including same sex relationships, and gender identity because it is important that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain. The Sex Education aspects of PSHE are also taught through the 'Jigsaw'.

PSHE is taught through Jigsaw's six half termly themes with each year group studying the same unit at the same time (at their own level):

Autumn 1: Being Me in My World

Autumn 2: Differences (including anti-bullying)

Spring 1: Dreams and Goals

Spring 2: Healthy Me

Summer 1: Relationships

Summer 2: Changing Me (including Sex Education)

It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

Wider Curriculum

- We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and PSHE aims and values, and we focus on Growth Mindsets in all aspects of school life.
- PSHE, including SMSC and BV, is an integral part of the whole school curriculum, and is therefore often taught within another subject area.
- Visitors such as emergency services and the school nurse complement our PSHE curriculum to offer additional learning.
- We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our pupils to look for opportunities to show the school values of faith, hope and love.
- Assemblies are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.
- PSHE, BV and SMSC displays throughout school reinforce the PSHE curriculum enabling children to make links.

Impact

Many of the sessions have opportunity for formative assessment, through discussion and written activities completed by the pupils. Each unit also contains a more summative assessment tracker.

By the time our children leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to understand and manage their emotions
- be able to look after their mental health and well-being
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in RSE at an age appropriate level
- have respect for themselves and others.
- have a positive self esteem