



# The Anchor News

Serving the local community in the name of Christ since 1859 27th September 2024

Our Values focus this half term is **Service**



Happy Friday!

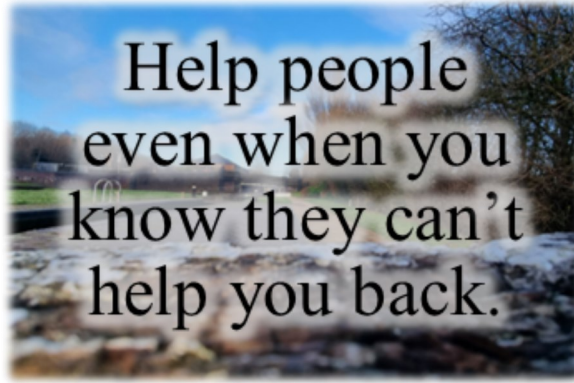
For those of you that don't know me, my name is Miss Akers. I am the Pastoral Manager and Safeguarding Lead at St. Clement's C. of E. Academy. I work closely with families offering support in many areas and work with pupils to support emotional needs.

At St. Clement's we offer a wide range of pastoral support. All children have access to a trauma informed adult, emotion slips for regulation and wellbeing forms to support mental health. Some children take part in pastoral interventions such as, Social Groups, Wellbeing Groups, Forest School and 1.1 sessions.

At St. Clement's we hold a Wellbeing Award for Schools and ensure all pupils, parents and staff have someone they can talk to. If you would like to arrange an appointment with myself then please contact the school office.

Have a lovely weekend

Miss Akers - Pastoral Manager



## THANK YOU FOR COMING

Thank you to all the parents who attended the teacher meet and greet on Wednesday. We hope you found it useful to talk with your child's class teacher and find out about their end of year expectations in reading, writing and math's. As you will have seen there is a lot to get through in a year which is why attendance and punctuality is so important.

If you have any further questions about anything about your child's learning please arrange to speak with your class teacher and they will do their best to help.

### Important Upcoming Dates

Fri 4th Oct Reception Parents Phonics Workshop 9am

Tues 22nd Oct SCHOOL CLOSED Teacher Training Day

Thurs 24th Oct Harvest Festival (Parents Welcome) Last Day of Term

Fri 25th Oct SCHOOL CLOSED Teacher Training Day

## Harvest Collection

Harvest time will be here before we know it. Over the next week or so we will begin collections for Harvest.



As usual our donations go to the Aston Foodbank and so support our local community. We know times are tight, but anything you can spare will be welcome.

Look out for posters around school with more information.



## Attendance & Punctuality

	Rec.	Yr. 1	Yr. 2	Yr. 3	Yr. 4	Yr. 5	Yr. 6
At.	96%	95%	89%	91%	94%	90%	95%
Pu.	4	8	5	2	1	4	3

This week we've had some classes get better, and others get worse. Let's see if we can have improvements from every class next week.



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Church of England Primary Academy

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Head Teacher: Miss Shryane Deputy Head Teacher: Mrs Nizamis

#LearningforLifeAnchoredInChrist



stclements.bdm.org.uk



facebook.com/StClemNechells

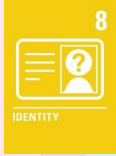


x.com/StClem\_Nechells



instagram.com/stclem\_nechells

## UNICEF Rights of the Child



### Article 8: Identity

Children have the right to their own identity - an official record of who they are which includes their name, nationality and family relations. No one should take this away from them, but if this happens, governments must help children to quickly get their identity back.

## Cake & Craft

Saturday 28<sup>th</sup> September

10.30am – 12.30pm

St Matthew's Community Hall

63 Wardlow Road, Nechells – B7 4JH

Meet people from the community!

Harvest crafts and activities

Quiz

Cake & Tea/Coffee



All ages welcome.

Children must be accompanied by an adult.

Parish of Aston and Nechells  
Registered Charity Number: 1152917



Don't forget - It is important to say the words while doing the sign.



Cake

+



Mime moulding clay, plasticine etc

and

Craft

## MENU

A healthy school meal is important for children and young people to keep healthy and improve their performance

### Jungle Census Day

Thursday 3rd October

Jungle Blaze Chicken (BBQ Chicken)  
Vine Noodles and Vegetable

Wild Wedges / Jungle Corn

Tropical Sunbeam Cake  
(Lemon Sponge)  
or Jungle Fruit  
or Fruit Yoghurt



## Safeguarding: Mental Health and Wellbeing

We know that being a parent or carer isn't always easy. Things might feel especially difficult if your child or young person is struggling with their mental health or if their mood and behaviour seem different, and you're not sure why or what you can do to help.

Giving children and young people opportunities to be open is one of the biggest things we can do to support their wellbeing. It can be easy to forget the simple power of sharing what we're going through and feeling heard. But even though you can't fix everything when your child is struggling, you can make them feel seen and understood - and this can make them feel more able to cope.

Talking about how they are, how their day has been and what's on their mind as part of everyday family life shows your child that you're interested in them and want to listen. It also supports them to practise thinking and talking about their feelings, helping them to get to know themselves and what they need.

But talking isn't always easy. You might feel like you don't know where to start, when a 'good time' is, or how your young person will react. Or you might be worried about making things worse or saying the wrong thing. If this is the case, try to remember that your child doesn't need you to always get it right - they just need to know you're there.

For more information regarding children's mental health, you can visit [youngminds.ork.uk](http://youngminds.ork.uk) or come and speak to Miss Akers, our school Mental Health Lead.

## Star Pupils

No-one yet, Reception are still settling in.

Amiira and Summer

Ali-Asghar and Zunairah

Hussein and Aniya

Izaan and Zoya

Haroun and Shayla

Aminah and Mussie

## Lunchtime Star

Marcon (Yr. 3)



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