

# Safequarding: Netflix show **Adolescence**



EMOJI

**SLANG** 

DO YOU KNOW WHAT IT

MEANS

'Ghosted' - to be ignored

To be shocked

Idiot/stupid

'Capping' lying

'Dead Meat'

Stab

Gun/Shoot

Self Harm

**Getting High** 

**Buying drugs/County Lines** 

Male genitalia

Female genitalia

Sharing an explicit image

Stephen Graham and Jack Thorne's Netflix drama Adolescence has captured the country's attention, both for the quality of the drama and the light it shines on the issues facing young people today, which can affect their mental health in new and complex ways. Many parents may be shocked at the portrayal of teenagers' online life and the distress it can cause. Giving children the tools to manage their online use and to keep themselves safe is vital. Not all online communities are healthy, as Adolescence shows to devastating effect. While digital communities lower the bar to expression, this can also lead to a culture of bullying and toxicity which young people have no respite from in an 'always on' culture. In particular, Adolescence highlights the toxicity of the manosphere, where misogyny flourishes. This ranges from regressive and wrong attitudes around gender all the way through to extreme misogyny on incel and related forums.

The incel culture has created its own language for in-group conversations that allows members to identify who is part of their community.

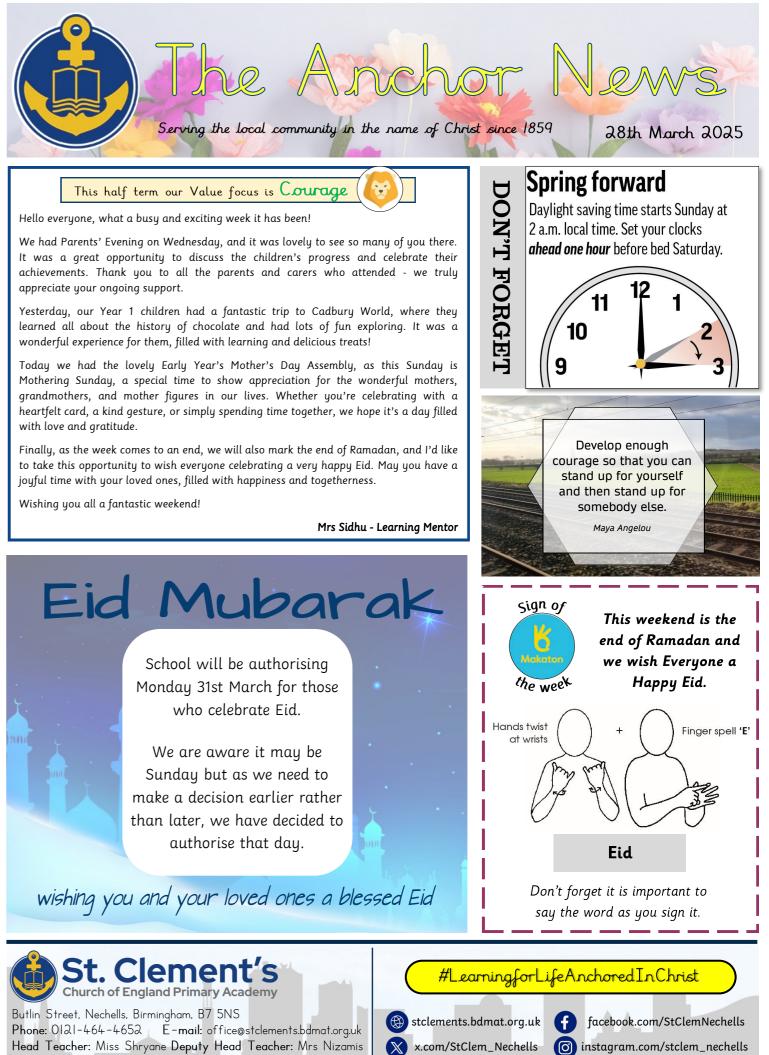
Here are some of the words used in incel forums and their definitions

- \* Stacy: Used to refer to a woman that incels consider attractive, usually carrying the implication that they have lots of relationships, typically with "Chads".
- Chad: Used to refer to a man that incels consider attractive, masculine and popular with women, placing them at the top of the social hierarchy in incel ideology. Incels sometimes express admiration for Chads, but at other times express hatred of them.
- Normies: People that incels consider to be of average attractiveness and intelligence, with an accompanying 'normal' worldview and lifestyle.
- \* Femoid or foid: Derogatory term meaning "female humanoid" used by incels to refer to women in a way that suggests that they are less than full human beings.
- Bluepill: Based on the movie "The Matrix", the term is used to describe people who subscribe to conventional and mainstream beliefs, living in a state of blissful ignorance.
- Redpill: In opposition to the "bluepill", "redpill" describes men who have "woken up" to a supposed reality that the world favors and benefits women over men. Different manosphere communities build on this base in different ways, offering contrasting advice on how men can overturn the supposed advantages that women hold in work, culture, relationships and more.
- Blackpill: Adherents of "blackpill" ideology accept the "redpill" idea that society is stacked in favor of women and against men but reject the idea that men can overcome this disadvantage. This leads to a nihilistic worldview in which incels believe society necessarily excludes some men from fulfilling social lives, careers and relationships.
- Looksmaxxing: Refers to a set of methods and strategies developed by incels and others which purport to improve physical appearance, many of which are unproven or even dangerous. Many incels believe that physical appearance can be objectively assessed on a numerical scale.
- **Going ER:** A term used to describe the act of committing mass murder. This is a reference to Elliot Rodger, the 22-year-old who killed six people and injured fourteen more in Isla Vista, California, in 2014. Before committing the crime and killing himself, he posted a misogynistic manifesto about his hatred of women. This phrase is used by the incel community to promote violence against women and society by committing mass murder.

Lots more information regarding this can be found at www.mentalhealth.org.uk

You can also come and see Miss Akers in school, who will signpost you for further support and/or information.





Head Teacher: Miss Shryane Deputy Head Teacher: Mrs Nizamis



At Keep Britain Tidy, we believe that every act to protect the environment, no matter how small. makes a difference. So, when we all come together to take the same action at the same time, that impact is multiplied.

#### <u>Getting Involved</u>

The Great British Spring Clean and Great Big School Clean will take place from 21 March to 6 April 2025.

Pledging to take part couldn't be easier, simply pledge as an individual, a group or a school and let us know how many bags you pledge to pick up.

To pledge or get involved go to www.keepbritaintidy.org

At St. Clement's C. of E. Academy, we have made our pledge and are collecting litter to Nechells and our school tidy.

Make your pledge today!



# **Don't Forget - SATs Parent Workshops - Next Week**

This a chance for parents to look at what the children are preparing for and to go though some of the things they can do to help their child to really do their best during their SATs.

There will also be chance to work with your child on some SATs questions so you can see for yourself what they will be faced with.

We really hope you can make it and look forward to seeing you.

### **Parents Evening**

Thank you to all the parents who attended parents evening. It was lovely to see so many families in school. I hope you found it informative and useful. Thank you for completing the feedback forms, they really help us to make sure we are listening to views and meeting your expectations. We will publish results when we have them and let you know what actions , if any, we will be taking as a result.

### Y5 Fasting

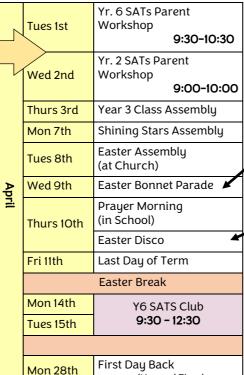
We know that Ramadan is almost at a close, but we wanted to gather some feedback from Year 5 parents.

As a school we only allow Y6 children to fast as we understand how tiredness, dehydration and hunger can affect a child's concentration and learning at school and so we always try to compromise with ideas on how children can join in with Ramadan without fasting at school.

We would now like to hear from year 5 parents about whether they would like their child to take part in SOME fast days at school during the next Ramadan. Please speak to your class teacher about this and we will send some letters out in due course.

Eid Mubarak to all those families celebrating.

## Important Upcoming Dates...





(Normal Time)

# **Easter Service**

On Wednesday 8th April, the children will be joining in with their Easter Service at Aston Parish Church. The service will begin at 10am. We will be walking from school and we welcome any parents who would

like to join us and especially if you would like to walk down to church with us. Please speak to your class teacher for more detail. The assembly will be exactly as we hold in school with readings, poems and lots of

beautiful singing as always. We would love for you to join us at our celebration.

Easter Bonnet Parade Wednesday 9th April

Children can make an Easter bonnet or decorate a hat they own in an Easter theme. Each class will have a champion who will win a small prize.

Have a look at the images on the right to get some inspiration and ideas for creating your own.



The Easter Discos will be held on Thursday 10th April. There will be a refreshment stall where snacks, drinks and sweets can be purchased.

The disco is open to children from Reception - Year 6. Tickets are £2 and can be purchased from the school office. Please see times below and purchase your ticket ASAP, our last disco sold out!

#### 3pm-4pm Rec. & KSI

Children will start the disco during school time and be ready to be picked up at 4pm. (children to bring clothes to change into at school)

Children not attending the disco to be picked up at 3:30pm as usual.

#### 4:30pm-6pm KS2 (Y3,4,5,6)

Children will go home at 3:30pm as usual and then return to school for 4:30pm

\*Please bring your ticket on the day/night of the disco.

\*\*Entry to and from the disco will be from the main Butlin Street gate.





|           | Attendance &<br>Punctuality |                     |          |                     |  |        | 1      | 🗋 Islam |        |        |        |        |   |   | Muslim |        |        |   |  |
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love

UNICEF Rights 20 of the Child

Article 9: Keeping families together Children should not be separated from their parents unless they are not being properly looked after - for example, if a parent hurts or does not take care of a child. Children whose parents don't live together should stay n contact with both parents unless this might harm the child.



Article 10: Contact with parents across countries If a child lives in a different country than their parents, governments must let the child and parents travel so that they can stay in contact and be <mark>together.</mark>

|     | Festival | Mosque |
|-----|----------|--------|
| 8 ¦ | Islam    | Muslim |